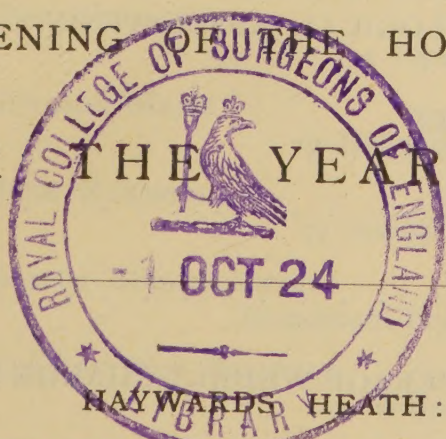




THE
TWENTIETH ANNUAL REPORT
OF THE
BRIGHTON COUNTY BOROUGH
MENTAL HOSPITAL,
HAYWARDS HEATH,
BEING THE 65TH ANNUAL REPORT
SINCE THE
OPENING OF THE HOSPITAL,
FOR THE YEAR 1923.



HAYWARDS HEATH:

PRINTED BY CHARLES CLARKE (HAYWARDS HEATH) LTD.,

1924.

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LIST OF MEMBERS OF THE VISITING COMMITTEE, WITH THE DATES OF THEIR APPOINTMENTS.

COUNCILLOR HUGH MILNER BLACK, J.P. (<i>Mayor</i>) (ex-officio),	Nov., 1923. 3 Windlesham Gardens, Brighton.
ALDERMAN JAMES COLBOURNE, J.P. (<i>Chairman</i>),	Nov., 1903. 24 Preston Park Avenue, Brighton.
ALDERMAN HENRY GERVIS, J.P.,	Nov., 1919. 74 Dyke Road, Brighton.
ALDERMAN JOHN LINTOTT,	Sept., 1908. 1 Waldegrave Road, Brighton.
ALDERMAN WILLIAM STEVENS, J.P.,	April, 1919. 26 Marlborough Place, Brighton.
ALDERMAN JOSEPH STRINGER,	Nov., 1903. The Nook, Wellington Road, Brighton.
ALDERMAN FRANCIS THOMAS WILSON, J.P.,	June, 1912. 2 Temple Gardens, Brighton.
ALDERMAN WILLIAM GEORGE WELLMAN,	Nov., 1919. 14 Harrington Villas, Brighton.
COUNCILLOR THOMAS JAMES BRAYBON,	Nov., 1913. Devonshire House, West Drive, Brighton.
COUNCILLOR TOM COCHRANE,	Feb., 1924. 45 Stanley Road, Brighton.
COUNCILLOR RICHARD MAJOR,	July, 1923. 20 Hanover Crescent, Brighton.
COUNCILLOR JOHN MANSFIELD,	Nov., 1916. 17 Stanford Avenue, Brighton.
COUNCILLOR ALBERT EDWARD PETER,	April, 1921. Stoneleigh, Preston Park, Brighton.
COUNCILLOR CHARLES JOHN TEASDALE,	Nov., 1920. 24 Walpole Road, Brighton.
COUNCILLOR CYRIL WILKINSON,	Mar., 1912. 7 Cavendish Place, Brighton.

31st MARCH, 1924.

LIST OF THE OFFICERS.

Medical Superintendent—G. H. Harper-Smith, Esq., M.A., M.D.
(Camb:), M.R.C.S. and L.R.C.P.

First Assistant Medical Officer—F. H. Guppy, Esq., M.C., M.R.C.S.,
L.R.C.P. and D.P.M.

Second Assistant Medical Officer—H. J. Forster, Esq., L.R.C.P. (Irel:),
Lic. Med. and Surg. and L.S.A. (Lond.)

Consulting Surgeon—R. F. Jowers, Esq., F.R.C.S.

Dentist—Chas. Glassington, Esq., L.D.S., R.C.S. (Eng:).

Chaplain—Rev. J. P. R. T. B. Bacon-Phillips,
Hon. C.F.; Chic: Theol: Coll:

Clerk of the Asylum—Mr. G. Purvey.

Assistant Clerk—Mr. E. C. Thompson

Storekeeper—Mr. E. E. Doughty.

Farm Bailiff—Mr. M. Waterer.

Housekeeper—Miss M. Darbyshire.

Head Male Nurse—W. J. Bowler.

Matron—Miss J. Goodwin.

Treasurer—B. Y. Bevan, Esq.

Clerk to the Visitors—Jas. H. Rothwell, Esq., C.B.E.

31st March, 1924.

Brighton County Borough Mental Hospital, HAYWARDS HEATH.

TWENTIETH ANNUAL REPORT OF THE VISITING COMMITTEE

(Pursuant to Section 190 of the Lunacy Act, 1890),

BEING THE SIXTY-FIFTH ANNUAL REPORT SINCE THE
FOUNDATION OF THE MENTAL HOSPITAL.

To the Council of the County Borough of Brighton.

THE VISITING COMMITTEE beg to submit their
Report for the past year.

The Committee record with deep regret the loss they have sustained through the death of their esteemed colleague, Councillor C. J. Galliers, who had been a member of the Committee since 1920.

The number of Patients on the books on the 30th September last and on the corresponding date of the preceding year was as follows :—

	1922.	1923.
Males	287	308
Females	501	499

The numbers are divided as follows :—

	M.	F.	Total.
From Brighton Parish	178	295	473
From Brighton Borough	4	6	10
From the part of Steyning Union within the County Borough .	34	60	94
From Eastbourne Union	48	74	122
From Napsbury Mental Hospital	—	13	13
Out-County	7	15	22
Private	11	36	47
Service	21	—	21

In addition to the above, there are 5 female children placed under contract at Hellingly Mental Hospital, and 12 male children placed under contract at the Surrey County Mental Hospital at Netherne.

Dr. Charles Planck, who had been in the service of the Institution for upwards of 28 years, and had, since 1910, held the office of Medical Superintendent, was, in consequence of continued ill-health, compelled to send in his resignation in September last, which the Committee accepted with the greatest regret. They desire to express their earnest hope that Dr. Planck may soon be restored to health and strength to enjoy his well-earned retirement. A superannuation allowance has been granted to him.

Mr. G. H. Harper-Smith, M.A., M.D., who for the past 13 years had been Senior Assistant Medical Officer, has been appointed Medical Superintendent. The filling of the appointment of First Assistant Medical Officer is still under the consideration of the Committee.

Mr. A. E. Hunt, Acting Head Male Nurse, resigned his post in May last, and has been granted a superannuation allowance. Mr. W. J. Bowler, of the Essex and Colchester Mental Hospital, has been appointed Head Male Nurse.

Superannuation allowances have been granted during the year (in addition to the two officers above-mentioned), to James Hollingdale and Stephen Sims, male nurses, and Maud Martin, female nurse. A gratuity has also been given to the widow of Joseph Hurst, an established servant of the Mental Hospital.

The general health of the Patients and Staff has been good.

The Weekly Maintenance Rate in respect of the four quarters of 1923 was fixed by the Committee as follows :—

			1923.	1922.
March	Quarter	24/-	30/-
June	„	24/-	28/-
September	„	24/-	27/-
December	„	24/-	25/-

Members of the Committee have visited the Patients and inspected the Wards at each monthly meeting.

A Commissioner of the Board of Control visited the Mental Hospital on the 20th and 21st August last, and left a favourable report. The Service Patients detained in the Institution have also been visited by an Officer of the Ministry of Pensions.

Deputations from Boards of Guardians visited the Patients in the Institution chargeable to their several Unions, and in every case left favourable reports.

The imbecile children boarded out at Hellingly and Netherne Mental Hospitals respectively have been visited by two members of the Visiting Committee, and in each case were found to be well cared for.

On the 26th May last the Committee reported to the Council with a synopsis of the Accounts for the year ended 31st March last, and these Accounts will be published in the Committee's Blue Book.

The Committee have, during the year, continued the interior decoration of the Mental Hospital Buildings by the employment of temporary painters, at a cost of £1,416.

The prescribed increases of pensions under the Pensions (Increase) Act, 1920, granted to pensioners of the Institution eligible to receive the same have, with the concurrence of the Contributing Authorities, been continued until the 31st March, 1924.

The Committee, being of opinion that the amount of the Building and Repairs Fund is sufficient to meet the present requirements of the Institution, have decided, until circumstances require otherwise, to abstain from making precepts upon the Borough Treasurer in respect of the cost of ordinary repairs, &c., at the Hospital, which during the past year have amounted to £4,252 11s. 10d. The cost of such repairs, &c., will be charged against the excess

weekly charge received from Private and Contract Patients, so long as circumstances allow, but in the event of those sources of income falling off, owing to the determination of existing contracts or for other cause, it would be necessary to charge the cost of ordinary repairs to the Borough Rate as heretofore.

The Committee desire to place on record their appreciation of the services rendered by Dr. Harper-Smith during the absence on sick leave of Dr. Planck, and to record their satisfaction with the manner in which the Staff generally continue to perform their respective duties.

The Committee cannot close this Report without referring to the valuable services rendered by Mr. Hugo Talbot as Clerk to the Visiting Committee from October, 1903, until his retirement in March last. Mr. Talbot at all times took a deep interest in the work of the Institution, and his sound judgment and wise counsel were of the utmost value to the Committee.

On behalf of the Committee.

(Signed) JAMES COLBOURNE,

Chairman.

27th October, 1923.

THE
MEDICAL SUPERINTENDENT'S REPORT.

To the Visiting Committee.

GENTLEMEN,

THE MEDICAL SUPERINTENDENT has the honour to submit the Twentieth Annual Report to you as the Committee of Visitors of the Brighton County Borough Mental Hospital, being the Sixty-fifth since the opening of the Institution.

The Admissions during the year ending September 30th, 1923, have been—Males, 78 ; Females, 109 ; Total, 187.

The Discharges during the year have been—Males, 34 ; Females, 73 ; Total, 107.

The Deaths during the same period have been—Males, 28 ; Females, 38 ; Total, 66.

The Average Numbers Daily Resident during the year have been—Males, 296 ; Females, 494 ; Total, 790.

The Numbers in the Hospital this day, 30th September, 1923, are—Males, 303 ; Females, 499 ; Total, 802.

They are chargeable as follows :—

	M.	F.	Total.
To Brighton Parish	178	295	473
To the portion of Steyning Union included in the County Borough of Brighton	34	60	94
To the County Borough of Brighton	4	6	10
To Out-County Unions	7	15	22
Private Patients	11	36	47
Ditto Service Patients	21	—	21
Patients under Contract—			
Eastbourne	48	74	122
Napsbury	—	13	13

Mr. Bowler was appointed Head Male Nurse in place of Mr. Hunt, who retired. He joined the Staff in August. The conduct of the Staff has been exemplary.

During the year there have been Entertainments and Weekly Dances for the Patients, and in the summer Picnics in the Park. The Male Staff have entertained the Patients by playing Football and Cricket Matches, and the Female Staff by playing

Stoolball Matches. There have also been Stoolball Games for the Female Patients. Several Social Evenings and Dances for the Staff have been given. I wish to thank all members for their co-operation and help in organising these Entertainments.

In conclusion I wish to record to you, Mr. Chairman and Gentlemen, my sincere thanks for the great honour you have paid me in appointing me to my present position.

I am,

Your obedient Servant,

(Signed) G. H. HARPER-SMITH,

Medical Superintendent.

29th October, 1923.

THE CHAPLAIN'S ANNUAL REPORT.

THE CHAPLAIN has the honour to lay before the Committee his Annual Report.

There have been throughout the year very good attendances at all the Chapel Services, which seem to be thoroughly appreciated by the Patients. The Choir has received additional support by the inclusion of several new members, and it is hoped that it will soon re-attain the high level of efficiency it had reached before the War. The Chaplain is pleased to report a definite response to his efforts among the Patients, both in the Ward Services and in his round of visits. A considerable number of books, chiefly novels, and also a present from the British Red Cross Society of Magazines, have been distributed throughout the Wards, but there is still a definite demand for more. The Chaplain thanks all members of the Staff who have helped him in his work, and trusts that he can rely on their continued support.

During the Chaplain's holiday his duties were undertaken by the Rev. J. P. Bacon-Phillips, formerly Rector of Crowhurst, Sussex.

(Signed) J. P. R. T. B. BACON-PHILLIPS,

Hon : C.F. ; Chic ; Theol ; Coll ;

25th October, 1923,

REPORT OF THE DENTAL SURGEON.

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL,
HAYWARDS HEATH.

THE DENTAL SURGEON has the honour to lay before the Committee his Annual Report.

The number of Patients attended since November, 1922, has been—Males, 164; Females, 278—Total 442.

The number of teeth extracted has been 821, gas being administered in 106 cases, the remainder being extracted with local anæsthetic.

The number of fillings completed has been 16, and 20 Patients have had their teeth scaled.

A few Patients have required attention to their dentures.

The Dental Surgeon has been greatly assisted by the Medical Officers in cases necessitating the administration of N₂O gas.

C. GLASSINGTON,

L.D.S., R.C.S., Eng.

17th November, 1923.

REPORT OF COMMISSIONER OF BOARD OF CONTROL.

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL,
HAYWARDS HEATH,
21st August, 1923.

Spending yesterday and to-day in inspecting this Hospital and in seeing, as I believe, all the Patients, I can say that in general the Hospital is maintained in generally a very good condition. Re-decoration of the Wards has been continued, and is still in progress, and the external painting of the building has been completed. Some 10 single rooms and 15 Nurses' rooms have been plastered. New settling tanks at the Sewage Outfall have been built, and an improved condition in the treatment of the sludge and effluent is under consideration.

There still remain some parts of the Hospital where the need for re-decoration is apparent. Among these, mention may be made of the general bath room on the Female side and the small sanitary spur used by Patients working in the main Kitchen. The latter, and indeed a number of W.C. spurs, are without promptly accessible means of washing the user's hands.

Since the 28th of April last year the changes among the Patients have been :—

	Males.	Females.	Total.
Admissions	99	164	263
Discharges and Transfers to other care	53	96	149
Deaths	39	58	97

The Discharges included 80 recoveries. In this connection it is noteworthy that only 9 cases were allowed out on trial, and that to only two of these was any money allowance granted. Besides its humanitarian aspect, I believe the Committee would find it an economically sound policy were they to exercise their powers under Section 55 of the 1890 Lunacy Act much more freely, and, in the sometimes difficult matter of rehabilitating Patients fully or partially recovered from mental illness, I think they would find themselves much assisted if a Local Branch of the Mental After-Care Association could be formed in Brighton.

On the statutory books there are at present the names of 301 Male and 499 Female Patients, all 800 of whom are in residence. Among these are 11 Male and 34 Female Private Patients, besides 22 men of the "Service" Class.

The Out-County cases number 54 on the Male and 103 on the Female side, of whom 7 and 15 respectively are Patients who will be moved to other Mental Hospitals as speedily as practicable. The remainder are cases under contract—122 from the East Sussex Mental Hospital (Eastbourne) and 13 from Napsbury, the contracts expiring in 1927. There are at present 15 Brighton juvenile Patients boarded out—5 at Hellingly and 10 at Netherne Mental Hospital.

The night accommodation here exceeds that for use by day. Based upon the latter space, there would appear to be over-crowding to the extent of 5 cases on the Male and 50 on the Female side.

The Weekly Maintenance Charge is at present 24s. for Home Patients, 29s. for Out-County cases, and 28s. to 63s. for Private Patients, for whom there is no separate accommodation.

The appearance of the Patients suggested that they were well and carefully looked after. I spoke to each, and had leisurely chats with a large number of them. There were numerous appeals for discharge, into each of which I carefully inquired, but I had no complaints worthy of mention and none as to treatment.

The bedding is in excellent order and condition, and, generally speaking, the clothing is satisfactory. There is still a shortage of slippers and, while the supply of capes and shawls is sufficient, I should like to see more overcoats for both men and women provided. Having regard to the time of year, many of the women were wearing print dresses; that they did not look as nice as they might is, I am sure, because they are only rough-dried, as is all that is done to their underwear. This is a matter that should be looked into, and will, I hope, be remedied.

None of the Male Patients are shaved, and the introduction of safety razors would, I am sure, be appreciated by them. I would also suggest the provision of a glazed letter-box in each ward, opened by a key carried by an Officer.

The Death Rate for 1922 was 12.6 on the Male and 12.3 on the Female side. The 39 Male and 58 Female deaths were all from natural causes—verified by post-mortem examinations in a little over 50 per

cent. I hope it will be found possible to augment this proportion, as well for the protective influence as for the scientific interest of their examinations.

In only two instances was there a bed-sore at death, and in only one of the 22 men and 76 women at present in bed does this complication exist. This is creditable to the Nursing Staff on both sides, as is also to those on the Female side the fact that some eight or a dozen of the women under treatment in bed are daily, weather permitting, carried with their bedding to and from a first-floor dormitory so as to get their treatment in the open air. That the number of women in bed so far out-number the men seems to be due to the fact that rest in bed for the treatment of mental symptoms seems much more required, or at any rate employed, on the Female than on the Male side. It is a mode of treatment which, within the proper limits practised here, is to be commended, especially if it can be carried out in the open air. For this reason I trust that consideration will be given to the provision—perhaps first for the women—of a verandah on each side, for which an excellent site exists; its utility would be enhanced were some not very extensive structural alterations made to the corridor dormitory and single-rooms used by Patients from Ward 6, so as to enable this space to be used for nursing purposes.

There are certain other deficiencies in facilities for giving treatment in accordance with the demands of modern medicine which, though not unnatural in an Institution erected as long ago as 1859, and probably well known to the Committee, I feel I ought to mention,

in order that they may be kept in mind and made good as opportunity offers. Foremost, in the absence of any Laboratory, if a suitable room could be found, its equipment need not be very costly, and, with the help of a Technical Assistant, the work could with advantage be carried out by the part-time services of a Pathologist; its special need is a relation to clinical work and the thorough and up-to-date physical examination of the Patients. In this latter relation, a Medical Officer's "Clinical Room"—a desideratum in every Ward—is much needed at the Infirmary and Admission Wards; and such provision would be worth the sacrifice, if practicable, of some nurses' and single rooms. There is no special means of conveniently giving "continuous baths" and other forms of hydrotherapy. There is an excellent Dental Room, but no Operating Room, and the supply of surgical instruments is meagre: whenever these are obtained, a proper cupboard for them should be provided, as well as some modern-type surgical dressing trolleys for the Infirmaries—for, besides their utility, they have an educational value in the adequate training of the Nursing Staff. For the many Patients in bed, I am sure that the provision of a few more bed-tables of the present pattern and a supply of small ones would be a real boon.

Commendable efforts, and with considerable success, are made to induce Patients to use tooth-brushes, and I noticed that in many ways questions of sanitation for the promotion of general health are receiving much attention. There have been two sporadic cases of typhoid fever on the Female side—none since August

last year. Scattered through the period under review, there have been 9 cases of dysentery, all on the Female side, one of which is still active ; but, in this relation, I notice that cases of diarrhœa have not been entered in the Register, due, I think, to the misunderstanding of a notice from our Board. The number of known cases of tuberculosis in active form is 7 on the Male and 14 on the Female side. There does not appear to have been any incidence of these disorders among the staff.

As a check and guard against tuberculosis and in the general treatment of mental disorders, a very important factor is liberality of diet. Considerable thought is evidently being given to this matter here ; but I think there are still some points in need of attention. The dinners yesterday and to-day were well served, and that of to-day was excellent and much appreciated, but I cannot say the same of yesterday's, which was stew with a liberal allowance of bread ; much of the meat in it was coarse, and difficult, if not impossible, to eat ; probably its nutritive value in the liquor from boiling was considerable, but if that was its purpose and it was not intended to be eaten, it should not have been served to the Patients, many of whom, with the aid of only spoons, could merely leave it untouched on their plates ; and, in any case, I am sure that a dinner of this type would be much more satisfying if followed (as is the case with the pea-soup dinner) by a suet pudding. Apart from the 2oz. each of sausage and tinned meat a week and the bones and meat in the soup and stew dinners, the weekly allowance of meat

is $20\frac{1}{2}$ oz., of which $2\frac{1}{2}$ oz. is tinned ; I doubt if this is sufficient. I also suggest that, if served with a small allowance of cold milk, porridge would be a useful and appreciated addition to the dietary. No milk used in any part of the Patients' ordinary diet ought to be skimmed, and it would be preferable that, except there is a real surplus of milk and the skimmed can be used as merely beverage, what butter is required for the staff and perhaps for new admissions and debilitated patients should be purchased. As a matter of fact, butter is not issued to the nursing or domestic staff, and as they appear to prefer to purchase their own instead of using the margarine supplied to them, I saw the discarded margarine being melted down with dripping for the patients. This did not seem to me satisfactory, and in some other particulars I thought that the Staff diet scale was not as good as it should be.

Casualties of at all a serious nature have been few. One resulting in the loss of an eye in a Male Patient was caused in a struggle which ensued following a severe and unprovoked attack made by a Patient upon a Male Nurse. A Female Patient, who became resistive while being bathed, sustained a broken arm. The circumstances in both instances were fully inquired into at the time by the Committee, and from the information given me, neither incident, nor the cases of three other fractured limbs, call for further notice here.

The Nursing Staff is practically the same numerically as when my colleague visited in April last year. Their

duration of service compares very favourably with many Mental Hospitals : none of the Male Nurses and only 10 per cent. of the Women have less than one year's service. It is also satisfactory to see that there is a gradual increase in their number in possession of the Nursing Certificate of the Medico-Psychological Association.

The " Loose Leaf System " for the purpose of keeping clinical records, the convenience of which was urged by my colleague, has been introduced. These records, the Registers and other Medical books, are in very good order.

It is with great regret that our Board learnt of the ill-health and resignation of Dr. Planck. He was appointed to the position of Medical Superintendent in May, 1910, and would have completed next November 29 years' service upon the Medical Staff of this Hospital. During this long period he has devoted all his energies, in a very single-minded way, to the duties of his post, and he is one upon whom the stress of war conditions told heavily. It is the hope of my colleagues and myself that he will speedily be restored to health and to the enjoyment of many years' rest from official duties.

Dr. Planck, whose retirement takes effect on the 30th of next month, is at present away on leave. In his absence the Medical Staff comprises Dr. Harper-Smith as Deputy and Acting Medical Superintendent, Dr. Forster and a temporary Medical Officer. From all of these and the other Officers I received much

assistance in the course of my visit: in particular, Dr. Harper-Smith's intimate knowledge of the Patients and of the administrative requirements of the Institution were of especial help to me.

In concluding this entry, I should like to express the hope that it may be possible in the early future to establish a Centre—perhaps at the well-known Royal Sussex Hospital—for the Out-Patient treatment of mental cases arising within the area served by the Brighton Mental Hospital, and for which the skilled services of the Medical Staff here might well be made available. If real success attended such a step, the latter, besides being in the right direction, might prove to be the means of obviating certain additions to this Hospital which otherwise seem sooner or later inevitable.

(Signed) C. HUBERT BOND,
Commissioner of the Board of Control.

REPORT OF HEADQUARTERS INSPECTOR OF MINISTRY OF PENSIONS.

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL,
HAYWARDS HEATH.

26th October, 1923.

On paying my third visit to the Service Patients in this Institution to-day I found 21 Pensioners under treatment, the Admissions, Discharges and Deaths which had taken place since the last Inspection being as follow :—

Number of Service Patients—

Remaining	1st November, 1922 .	23
Admitted since	„ „ „ .	4
Discharged Recovered	„ „ „ .	1
Discharged Not Improved	„ „ „ .	1
Died	„ „ „ .	4
Remaining	26th October, 1923 .	21

Of the 4 Deaths, 2 were due to General Paralysis of the Insane, 1 to Broncho Pneumonia, and 1 to Pulmonary Tuberculosis.

The Service Patients are distributed amongst the various wards of the Male division, and classified with the other Patients as suitable to their habits and mental states. A separate interview was given to each of the 21 Patients, who were assembled in the Recreation Hall, and later I visited the wards and dormitories in which they were accommodated.

The men under my notice were rendered distinctive by their dress, being provided with lounge suitings, most of which are made of good quality blue serge, and all presented a neat and well cared for appearance ; the men are now shaved twice weekly, which adds to their comfort, and their personal cleanliness leaves nothing to be desired.

All but two of the Patients receive the weekly allowance of 2s. 6d. in cash or the equivalent, and a book is kept showing the comforts supplied to each man, suitable arrangements being made for them to obtain any little extras they desire.

The majority of cases seen were not of a hopeful type from the viewpoint of improvement or recovery, and the greater proportion have been in this or other Institutions for four years or more.

I only noted one man (F. Jones), a comparative recent admission, as showing noticeable improvement, and this Patient and another (H. C. Bywaters) appeared to me to be suitable for, and likely to benefit by, gradually extended parole ; both impressed me as being unlikely to abuse this privilege if extended to them. I discussed this question with Dr. Harper-Smith, who agreed that certain liberty might be granted to them.

The general health of those seen appeared to be satisfactory, and none were in bed.

Further additions to the Patients' diet had been made since the last visit, but the dietary, as a whole, still falls short of the improved scale now in use at

the majority of Mental Institutions. For breakfast, sausages, tinned meat or fish are allowed twice a week, and on two other days porridge is served. Jam or cake are given for tea four times weekly. To-day's dinner consisted of pea-soup with bread, followed by a boiled fruit pudding; this is the only day on which a second course is served at this meal, and the addition of bread and cheese or pudding on other days in the week would, I am sure, be appreciated by the men and bring the diet up to a level with that now provided in other Mental Hospitals.

Attention has been given recently to the providing of increased opportunity for the amusement and interest of the Patients, both in the Wards and in the Recreation Hall, where associated entertainments are held; dances are held weekly in the winter season, and on alternative weeks a concert or other general entertainment is given; concert parties are now being arranged by the Staff, and Patients who are fit to go beyond the Asylum bounds are allowed to attend football matches, &c., in the district.

RECORD CARDS.

Those for the under-named patients have not been received, or are not at present in the possession of the Medical Superintendent:—

Bywaters, H. C., Private 048094, R.A.O.C.	10.12.20
Newland, Harry, Private 58445, K.R.R.C. .	27. 3.20
Carrick, R. O., Private 352608, R.A.S.C. .	21.11.21
Ede, Henry, Pioneer 114614, R.E. . . .	1.11.19
Jones, F., A/Sgt. L/7753, R. Sussex . . .	25.12.21
Jones, J., Private 782, R. Sussex	1. 3.23

GENERAL REMARKS.

All cases submitted to P.I.O. with a view to classification as Service Patients have been dealt with up to date.

I was accompanied throughout my visit by Dr. Harper-Smith, who has recently been appointed Medical Superintendent in succession to Dr. Planck, who resigned on account of ill-health.

This Institution, which is old-fashioned in construction and arrangement, is difficult to render bright and attractive and bring up to the standard of a modern Hospital for the treatment of the insane, but improvements are being made by degrees where possible, and the provision of verandahs for the open-air treatment of cases on the Male side is, I learn, under consideration, and if carried out would be a useful and practical addition to the amenities of the Hospital. The installing of baths, to allow of hydrotherapeutic treatment, is also, I understand, being contemplated, and other general improvements may be made as opportunity occurs and conditions allow.

The Wards visited to-day were well heated and ventilated and clean throughout, but much of the general equipment is of ancient pattern, and the introduction of more comfortable chairs and settees to replace the present wooden chairs and benches in some of the Wards would materially add to the comfort of the better type of patients who are capable of appreciating such improvements.

It is very evident that Dr. Harper-Smith has the welfare of his Patients at heart, and is doing all in his power to render them comfortable and contented, and those Pensioners seen by me to-day whose opinion could be taken spoke well of their conditions and treatment and no complaint was received ; I have to thank him for making my visit to-day a pleasant one and for facilitating my inspection in every way.

(Signed) E. L. FORWARD,

Headquarters Inspector, Ministry of Pensions.

MALE AND FEMALE NURSES WHO HAVE OBTAINED THE
 CERTIFICATE OF THE MEDICO-PSYCHOLOGICAL
 ASSOCIATION.

Louisa Green	Grace A. Lane
William Mills	Constance L. Thomson
Ellen L. Levett	Edith Iron
Daisy F. Eldridge	Rose Wingrove
Jasper Pattenden	Frances L. Phillips
Frank Tarry	Mary E. English
Ernest Betts	Ada Hodgetts
James B. McDermott	Ethel Fox
Amos W. Newnham	George Bridger
Francis W. Osmond	Percy G. Ralfe
Lawrence White	George Bellchamber
Annie G. E. Hoxey	E. H. Vinehill
Edward A. Hammond	George H. Stone
Ellen H. Smith	Frank Carter
Beatrice M. Fidler	J. E. Barnett
Ernest Fuller	E. C. Packham
Harry Thomas	Mary E. Burn
John T. W. Weller	Annie Elstob

31st December, 1923.

STATISTICAL TABLES

FOR THE

Year ending December 31st, 1923.

TABLE A 1.
General Table, shewing the movement of the Mental Hospital
Population during the Year 1923.

	Certified Patients.					
	M.	F.	T.	M.	F.	T.
On the Asylum Registers, Jan. 1st, 1923	294	492	786			
Total Cases Admitted during the Year	72	114	186			
Total Cases under Treatment during the Year				366	606	972
Cases Discharged or Trans- ferred during the Year—						
Recovered	19	33	52			
Relieved	6	21	27			
Not Improved.....	5	9	14			
Order Inoperative	—	1	1			
Died during the Year	28	41	69			
Total Cases Discharged, Transferred and Died during the Year				58	105	163
On the Asylum Registers, Dec. 31st, 1923				308	501	809
Average Daily Number on the Registers during the Year...				300	495	795

Certified Persons (i.e., separate persons in contradistinction to
“cases,” which may include the same individual more than
once).

	M.	F.	T.
Certified under Care during the Year ...	364	603	967
,, Admitted	70	111	181
,, Recovered	19	33	52

TABLE A 2.

GENERAL TABLE, showing the movement of the Asylum Population during each Year since the Year 1859, together with the Recovery and Death Rates.

YEAR.	Admissions.									Total Number under Treatment.			Discharged or Transferred.									Died.	Remaining on Registers 31st December.			Average Daily Number on Registers.			Percentage of Total Recoveries on the Total Number of Admissions.			Percentage of Total Recoveries on the Direct Admissions.			Percentage of Recoveries yielded by Direct Admissions on the Direct Admissions.			Percentage of Deaths on Average Number on Registers.					
	Direct.			Indirect.			Total.						Recovered.			Relieved.			Not Improved.																								
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.		M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.			
1859.	28	29	57	115	135	250	143	164	307	143	164	307	2	4	6	1	1	2	4	6	10	136	153	289	108	125	233	1'4	2'4	2'0	7'1	13'8	10'5	
1860.	66	75	141	14	29	43	80	104	184	216	257	473	13	22	35	4	3	7	4	25	9	34	170	223	393	160	198	358	16'2	21'2	19'0	19'7	29'3	24'8	18'2	21'3	19'9	15'6	4'6	9'5
1861.	52	60	112	51	6	57	103	66	169	273	289	562	6	19	25	2	1	3	12	19	31	27	19	46	226	231	457	194	226	420	5'8	28'8	14'8	11'5	31'7	22'3	11'5	28'3	20'5	14'0	8'4	11'0	
1862.	56	68	124	4	1	5	60	69	129	286	300	586	14	16	30	1	6	7	5	3	8	22	18	40	244	257	501	232	249	481	23'3	23'2	23'3	25'0	23'5	24'2	19'6	23'5	21'8	9'5	7'2	8'3	
1863.	53	21	74	6	1	7	59	22	81	303	279	582	16	18	34	9	2	11	33	1	34	28	15	43	217	243	460	235	256	491	27'1	31'9	42'0	30'2	35'7	45'9	30'2	35'7	45'9	11'9	5'9	8'1	
1864.	60	48	108	4	22	26	64	70	134	281	313	594	11	10	21	5	2	7	4	4	8	36	21	57	225	276	501	223	250	473	17'2	14'3	15'7	18'3	20'8	19'4	16'7	18'7	17'6	16'1	8'4	12'1	
1865.	61	53	114	6	4	10	67	57	124	292	333	625	16	17	33	6	6	12	1	4	5	36	29	65	233	277	510	227	281	508	23'9	29'8	26'2	32'1	28'9	24'6	24'6	30'2	27'2	15'9	10'3	12'8	
1866.	66	85	151	4	4	8	70	89	159	303	366	669	17	25	42	5	8	13	1	...	1	40	30	70	240	303	543	239	296	535	24'3	28'1	26'4	25'8	29'4	27'8	24'2	29'4	27'2	16'7	10'1	13'1	
1867.	66	92	158	3	1	4	69	93	162	309	396	705	15	27	42	6	13	19	1	4	5	35	37	72	252	315	567	244	312	556	21'7	29'0	25'9	22'7	29'3	26'6	22'7	28'3	25'9	14'3	11'9	12'9	
1868.	49	71	120	70	2	72	119	73	192	371	388	759	14	34	48	5	5	10	2	...	2	28	24	52	322	325	647	290	326	616	11'7	46'6	25'0	28'6	47'9	40'0	28'6	43'7	35'5	9'6	7'4	8'4	
1869.	53	67	120	7	1	8	60	68	128	382	393	775	21	25	46	6	4	10	2	3	5	35	29	64	318	332	650	320	333	653	35'0	36'8	35'9	39'6	37'3	38'3	35'8	37'3	36'7	10'9	8'7	9'8	
1870.	81	80	161	2	3	5	83	83	166	401	415	816	29	32	61	5	2	7	38	29	57	339	352	691	332	344	676	34'9	38'6	36'7	35'8	40'0	37'9	35'8	40'0	37'9	8'4	8'4	8'4	
1871.	50	62	112	2	2	4	52	64	116	391	416	807	28	35	63	16	8	24	48	1	48	38	31	69	261	341	602	304	345	649	53'8	54'7	54'3	56'0	56'5	56'2	56'0	56'5	56'2	12'5	9'0	10'6	
1872.	89	97	186	49	33	82	138	130	263	399	471	870	23	44	67	7	11	18	2	1	3	35	32	67	332	383	715	295	369	664	16'7	33'8	25'0	25'8	45'4	36'0	23'6	44'3	34'4	11'8	8'7	10'1	
1873.	96	102	198	4	2	6	100	104	204	432	487	919	30	43	73	14	26	40	1	2	3	45	25	70	342	391	733	337	393	730	30'0	41'3	35'8	31'2	42'2	36'9	29'2	39'2	34'3	13'4	6'4	9'6	
1874.	118	114	232	1	4	5	119	118	237	461	509	970	29	40	69	8	13	21	1	1	2	64	41	105	359	414	773	348	405	753	24'4	33'9	29'1	24'6	35'1	29'7	24'6	35'1	29'7	18'4	10'1	13'9	
1875.	112	122	234	10	14	24	122	136	253	481	550	1031	23	34	57	35	20	55	9	18	27	61	59	120	353	419	772	364	422	786	18'9	25'0	22'1	20'5	27'9	24'4	20'5	26'2	23'5	16'8	14'0	15'3	
1876.	114	102	216	17	15	32	131	117	248	484	536	1020	43	47	90	16	20	36	11	6	17	43	40	83	371	423	794	365	424	789	32'8	40	2	36'3	37'7	46'1	41'7	36'8	45'1	40'7	11'8	9'4	10'5
1877.	190	101	191	15	16	31	105	117	222	476	540	1016	26	34	60	25	22	47	21	7	28	46	50	96	358	427	785	360	426	786	24'8	29'1	27'0	28'9	33'7	31'4	28'9	32'7	30'9	12'8	11'7	12'2	
1878.	103	107	210	9	14	23	112	121	233	470	548	1018	38	31	69	20	14	34	11	10	21	47	57	104	354	436	790	362	430	792	33'9	25'6	29'6	36'9	29'0	32'9	35'0	28'0	31'4	13'0	13'3	13'1	
1879.	102	103	205	2	8	10	104	111	215	468	517	1005	32	36	68	15	22	37	4	2	6	48	50	98	359	437	796	360	440	800	30'8	32'4	31'6	31'4	35'0	33'1	30'4	33'0	31'7	13'3	11'4	12'2	
1880.	108	109	217	7	5	12	115	114	229	474	551	1025	46	32	78	20	25	45	6	9	15	53	32	85	349	453	802	361	448	809	40'0	28'1	34'1	42'6	29'4	35'9	42'6	28'4	35'5	14'7	7'1	10'5	
1881.	98	117	215	4	3	7	102	120	222	451	573	1024	45	31	79	11	16	27	3	...	3	35	34	69	357	489	846	360	472	832	44'1	28'3	35'6	45'9	29'1	36'7	43'9	28'2	35'3	9'7	7'2	8'3	
1882.	111	103	214	4	4	8	115	107	222	472	596	1068	43	70	113	10	20	30	2	6	8	51	27	78	366	473	839	360	475	835	37'4	65'4	50'9	38'7	68'0	52'8	38'7	66'0	51'9	14'2	5'7	9'3	
1883.	101	131	232	2	6	8	103	137	240	469	610	1079	42	53	95	30	38	68	...	2	2	41	39	80	356	478	834	360	478	838	40'8	38'7	39'6	41'6	40'5	40'9	41'6	39'7	40'5	11'4	8'2	9'5	
1884.	110	107	217	5	7	12	115	114	229	471	592	1063	42	49	91	14	28	42	8	4	12	52	34	86	355	477	832	361	483	844	36'5	43'0	39'7	38'2	45'8	41'9	37'3	44'9	41'0	14'4	7'0	10'2	
1885.	96	111	207	...	3	3	96	114	210	451	591	1042	43	29	72	14	26	40	4	1	5	33	39	72	357	496	853	359	480	839	44'8	25'4	34'3	44'8	26'1	34'8	44'8	24'3	33'8	9'2	8'1	8'6	
1886.	95	103	198	5	7	12	100	110	210	457	606	1063	40	47	87	14	26	40	7	31	38	45	29	74	351	473	824	357	480	837	40'0	42'7	41'4	42'1	45'6	43'9	42'1	44'7	13'4	12'6	6'0	8'8	
1887.	122	101	223	2	3	5	124	104	228	475	577	1052	46	41	90	15	10	25	3	4	7	47	50	97	364	469	833	361	474	835	37'1	42'3	39'5	37'7	43'6	40'4	37'7	42'6	39'9	13'0	10'5	11'6	
1888.	121	111	232	6	5	11	127	116	243	491	585	1076	36	31	67	19	25	44	5	4	9	53	27	80	378	498	876	364	485	849	38'3	26'7	27'5	29'8	27'9	28'9	28'1	27'0	27'6	14'6	5'6	9'4	
1889.	103	115	218	6	8	14	109	123	232	487	621	1108	31	30	61	27	16	43	35	51	86	54	44	98	340	480	820	361	483	844	28'4	24'4	26'3	30'1	26'1	28'0	29'1	26'1	27'5	15'0	9'1	11'6	
1890.	117	161	278	4	7	11	121	168	289	461	648	1199	39	33	77	19	23	42	7	36	43	33	70	103	363	481	844	356	485	841	32'2	22'6	26'6	33'3	23'6	27'7	32'5	23'6	27'3	9'3	14'4	12'2	
1891.	121	158	279	10	17	27	131	175	306	491	656	1150	41	41	82	21	50	70	42	48	90	52	64	116	339	453	792	363	481	844	31'3	23'4	26'8	33'9	25'9	29'4	33'1	25'3	28'7	14'3	13'3	13'7	
1892.	107	159	266	10	7	17	117	166	283	456	619	1075	16	34	60	15	21	36	7	2	9	51	72	123	367	490	857	347	466	813	13'7	20'5	17'7	14'9	21'4	15'0	15'0	21'4	18'8	14'7	15'4	15'1	
1893.	115	129	244	19	35	54	134	164	298	501	651	1155	22	44	66	21	25	46	77	54	131	46	38	84	335	493	828	360	508	868	16'4	26'8	22'1	19'1	34'1	27'0	19'1	34'1	27'0	12'8	7'5	9'7	
1894.	108	130	238	51	54	105	159	184	343	494	677																																

Forms of Mental Disorder.		Direct Admissions.			Transfers.			Total.		
		M.	F.	T.	M.	F.	T.	M.	F.	T.
Congenital or infantile mental deficiency (idiotcy or imbecility) occurring as early in life as it can be observed.	1. Intellectual { a. With Epilepsy b. Without Epilepsy	3 3	... 1	3 4	...	1	1	3 3	1 1	4 4
	2. Moral	4	...	4	4	...	4
	3. Insanity with Epilepsy	1	5	6	1	5	6
Insanity occurring later in life.	2. General Paralysis of the Insane	4	3	7	4	3	7
	3. Insanity with Grosser Brain Lesions	...	1	1	1	1
	4. Acute Delirium	...	1	1	1	1
	5. Confusional Insanity	1	5	6	...	1	1	1	6	7
	6. Stupor
	7. Primary Dementia	2	1	3	2	1	3	4	2	6
	8. Mania { a. Recent b. Chronic c. Recurrent	8 3 10	14 2 31	22 5 41	...	3	3	8 3 11	14 2 31	22 5 42
	9. Melancholia { a. Recent b. Chronic c. Recurrent	2 5 ...	1 11 19	3 16 31	1 1 3	2 1 3	1 2 6	3 6 16	3 12 22	6 18 37
	10. Alternating Insanity
	11. Delusional Insanity { a. Systematised b. Non-systematised
	12. Volitional Insanity { a. Impulse b. Obsession c. Doubt
	13. Moral Insanity
	14. Dementia { a. Senile b. Secondary	6 ...	5 1	11 1	6 ...	5 1	11 1
Totals		64	102	166	8	12	20	72	114	186

An Analysis of the Discharges and Transfers during the Year 1923.

	M.	F.	T.	M.	F.	T.	M.	F.	T.
Discharged as Recovered.									
From Direct Admissions.									
First-Attack Cases	13	13	26						
Not-First-Attack Cases	4	16	20						
Cases unknown whether First-Attack or not...	...	1	1						
Total from Direct Admissions.....				17	30	47			
From Transfers.									
First-Attack Cases	1	3	4						
Not-First-Attack Cases	1	...	1						
Cases unknown whether First-Attack or not...						
Total from Transfers				2	3	5			
Total Discharged as Recovered				19	33	52			

				Relieved.			Not Improved..		
Discharged (not Recovered) as—									
Relieved	4	16	20	4	16	20	1	3	44
Not Improved.....	1	3	4						
Total	5	19	24						
Reasons for such Discharge.									
To go to Care of Friends	5	18	23						
" Workhouse						
" Metropolitan Asylum (England)						
To be Boarded Out						
Statutory, by Irregularity in Reception Order...	...	1	1						
" by Lapsing of " "						
Other reasons.....						
Total	5	19	24						

Transferred as—									
Relieved	2	5	7	2	5	7	4	7	11
Not improved.....	4	7	11						
Total	6	12	18						
Destinations of such Transfers.									
To other Asylums, Reg. Hospitals, and Licensed Houses	5	12	17						
To "Single Care"	1	...	1						
Other Destination.....						
Total	6	12	18						

Total Discharged and Transferred as—									
Relieved	6	21	27						
Not Improved							5	10	15

TABLE D 2.—Showing the Principal Cause of Death in each Death during the Year 1923, together with the Ages at Death in Quinquennial Periods.

Principal Causes of Death.	Ages at Death in Quinquennial Periods.																														
	Less than 10.		10—14.		15—19.		20—24.		25—29.		30—34.		35—39.		40—44.		45—49.		50—54.		55—59.		60—64.		65—69.		70 and over.		Total.		
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	T.		
General Diseases—																															
Dysentery	2	1	1	1	...	5	5	
Pulmonary Tuberculosis	1	1	1	1	1	1	1	1	4	4	8		
Pneumonia (Lobar)	1	1	1	1		
(Broncho)	1	1	1	1	...	1	...	1	3	...	1	1	...	2	...	7	6	13		
Melanotic Sarcoma of Skin	1	...	1	...	1			
Diseases of Nervous System—																															
Atrophy of Brain	1	1	1	1		
Softening of Brain	1	...	2	1	2	1	...	1	...	1			
General Paralysis of Insane	1	...	2	1	2	1	5	1	6			
Epilepsy	1	1	1	1	2			
Diseases of Blood Vessels—																															
Cerebral Hæmorrhage	1	1	1	1	3	2	4	6		
Arterio-Sclerosis	1	8	1	8	9			
Diseases of Heart—																															
Valvular Disease	1	...	1	1	1	1	3	2	5		
Diseases of Respiratory Organs—																															
Bronchitis	2	4	2	4	6		
Emphysema		
Congestion of Lungs		
Diseases of Digestive System—																															
Chronic Pancreatitis		
Diseases of Urinary System—																															
Chronic Bright's Disease	1	...	1	1	1	...	1	1	4	5		
Totals	1	1	2	2	3	1	2	3	3	1	3	3	3	5	2	6	2	1	7	18	28	41	69	

PATIENTS' DIET SCALE.

		Males.	Females.
BREAKFAST.	Bread	8 ozs.	6 ozs.
	Margarine	$\frac{3}{4}$ "	$\frac{1}{2}$ "
At 8.0 a.m.	Coffee		1 pt.
	Cocoa	1 pt.	
	Once a week—Sausage	2 ozs.	2 ozs.
	or Fish or Meat Paste	1 oz.	1 oz.
	Ditto —Tinned Meat	2 ozs.	2 ozs.
	Twice a week—Porridge	$\frac{1}{2}$ pt.	$\frac{1}{2}$ pt.
	with $\frac{1}{2}$ quantities of Bread and Margarine.		
	Cocoa, per 100 pints—26 ozs. Cocoa, $3\frac{1}{2}$ lbs. Sugar, and 2 gallons Milk.		
	Coffee, per 100 pints.— $1\frac{1}{2}$ lbs. Coffee, $\frac{1}{4}$ lb. Chicory, $2\frac{3}{4}$ lbs. Sugar and 2 gallons Milk.		
	Porridge, per 100 pints— $18\frac{3}{4}$ lbs. Oatmeal and 10 tins Condensed Milk.		

		Males.	Females.
DINNER.	Boiled Meat	4 ozs.	4 ozs.
	Haricots	4 "	3 "
At 1.0 p.m.	Vegetables	16 "	12 "
Weekly, but not in rotation.	Pea Soup	1 pt.	1 pt.
	Bread	4 ozs.	4 ozs.
	Fruit Dumpling	6 ozs.	6 ozs.
	Tinned Meat	$2\frac{1}{2}$ ozs.	$2\frac{1}{2}$ ozs.
	Potatoes	16 "	12 "
	Bread	4 "	4 "
	Meat Pies or Pud- ding	12 ozs.	12 ozs.
	Vegetables	12 "	12 "
	(Twice weekly).		
	Roast Meat	6 ozs.	6 ozs.
	Vegetables	16 "	12 "
	or Blue Peas	4 "	3 "
	Bread	4 "	2 "
	Irish Stew	1 pt.	1 pt.
	Bread	4 ozs.	4 ozs.
	Pea Soup for 100 Patients.—18 lbs. Split Peas, $43\frac{3}{4}$ lbs. Bones, &c., 50 lbs. Vegetables.		
	Irish Stew for 100 Patients.—25 lbs. Meat, 50 lbs. Vegetables, 8 lbs. Pearl Barley.		
	Meat Pies or Puddings for 100 Patients.—25 lbs. Flour, $6\frac{1}{4}$ lbs. Suet, 25 lbs. Meat.		
	Fruit Dumpling per 100 lbs. weight—56 lbs. Flour, 14 lbs. Suet, 9 lbs. each Currants and Raisins.		

		Males.	Females.
SUPPER.	One Evening —Cake .	7 ozs.	6 ozs.
	Three Evenings—Bread .	7 „	6 „
At 6.0 p.m.	Margarine	$\frac{3}{4}$ „	$\frac{1}{2}$ „
	Three Evenings—Bread .	7 „	6 „
	Jam .	$1\frac{1}{2}$ „	$1\frac{1}{2}$ „
	Each Evening —Tea .	1 pt.	1 pt.
Tea, per 100 pints.—1 lb. Tea, 3 lbs. Sugar, and 2 gallons Milk.			

EXTRA DIET FOR MALE WORKING PATIENTS.

Gingerette, $\frac{1}{2}$ pt., or other Non-Alcoholic Liquors, 4 oz. Bread, $\frac{1}{2}$ oz. Cheese, at 11.0 a.m., and $\frac{1}{2}$ pt. Gingerette at 4.0 p.m. Tobacco and Snuff given as indulgences.

EXTRA DIET FOR FEMALE WORKING PATIENTS.

Cocoa, $\frac{1}{2}$ pt., 4 oz. Bread, $\frac{1}{2}$ oz. Cheese, at 11.0 a.m., and 4 oz. Bread, $\frac{1}{4}$ oz. Margarine and $\frac{1}{2}$ pt. Tea at 4.0 p.m.

EXTRA DIET FOR SICK.

Steak, Mutton Chop, Mince Meat, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice, Pudding, Batter, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Port Wine, Sherry, Brandy, Gin, Whisky, Rum, Lemonade, Soda Water.

STAFF DIETARY.

WEEKLY.	7 lbs. Vegetables.
	7 „ Bread. (Women, $5\frac{1}{4}$ lbs).
	$\frac{1}{4}$ „ Tea.
	$\frac{1}{4}$ „ Coffee.
	$\frac{3}{4}$ „ Sugar.
	1 „ Cheese. (Women, $\frac{1}{2}$ lb).
	$\frac{1}{2}$ „ Jam.
	$\frac{1}{2}$ „ Margarine.
	$3\frac{1}{2}$ pts. New Milk.
	15 ozs. Beef.
	12 „ Mutton.
	6 „ Pork.
	4 „ Bacon.
	3 Eggs.
	3 Sweet Puddings.
	Peas Pudding,
	Haricots, and
	Dried Fish once a week.

31st March, 1924.

ABSTRACT OF ACCOUNTS for the Year ended 31st March, 1924
Hospital, situate at Haywards Heath, and belonging wholly

PART I.—MAIN—

RECEIPTS.			£ s. d.	£ s. d.	£ s. d.
Net Balance in hand brought forward from Abstract for the previous year...			16972 4 1
Sums received on Account of Pauper Patients:—					
1. From Guardians of Poor Law Unions within the Borough—					
NAMES OF UNIONS.	For Main-tenance at 24/- per head per week.	Funeral and other purposes.			
	£ s. d.	£ s. d.			
Brighton	30048 2 7	45 0 0			
Steyning	6025 4 1	4 10 0			
	36073 6 8	49 10 0		36122 16 8	
From Guardians of other Poor Law Unions—					
NAMES OF UNIONS.	For Main-tenance at 24/- per head per week.	Funeral and other purposes.			
	£ s. d.	£ s. d.			
Cuckfield and others	1758 11 0	2 15 0		1761 6 0	
2. From Council of Brighton County Borough—					
	£ s. d.	£ s. d.			
From the Treasurer of the Borough for Patients adjudged chargeable thereto at 24/- per head per week	625 0 7	...		625 0 7	
From the Treasurer of the Borough under Section 269 (9) of the Lunacy Act, 1890, in respect of accommodation at other Asylums	280 19 11	
Carried forward	38790 3 2	16972 4 1

*the Receipts and Expenditure of the Visiting Committee of the Mental
the Council of the County Borough of Brighton.*

EXPENDITURE ACCOUNT.

EXPENDITURE.	£ s. d.	£ s. d.	£ s. d.
Salaries, Wages, and Uniforms of Officers and Attendants:			
Salaries and Wages (exclusive of sums paid for Labour chargeable in the Farming and Gardening Account, or in the Building and Repairs Fund Account)—			
Officers	4658 12 4		
Servants	16755 1 9		
Superannuation Allowances and Contributions returned under Section 10 (1) of the Asylum Officers' Superannuation Act, 1909	1240 3 4		
Gratuities and Annual Allowances paid to Dependents of Deceased Officers and Servants	28 3 5	22682 0 10	
Uniforms		350 10 6	
Provisions, Malt Liquor, Wines and Spirits:—			
Provisions	9371 18 6		
Malt Liquor, Wines and Spirits (not included in ordinary diet)	108 16 11		
		9480 15 5	
Arm and Garden Expenses:—			
Cash Payments included on Page 47		4582 13 0	
Nothing for Patients		3506 12 0	
Furniture and Bedding		1687 18 5	
Oil, Lighting, Washing and other Necessaries		7223 13 0	
Expenses attending the Removal, Discharge and Burial of Patients		58 13 10	
Carried forward		49572 17 0	...

PART I.—MAINTENANCE

RECEIPTS.				£	s.	d.	£	s.	d.	£	s.	d.
Brought forward				38790	3	2	16972	4	1
3. From the Treasurers of other Mental Hospitals for Patients received under Contract or arrangement.												
NAMES OF MENTAL HOSPITALS.			Rate per Week.	Main-tenance.	Funerals.							
Napsbury			29/-	985 11 8	...							
Eastbourne			29/-	9450 11 4	19 5 0							
				10436 3 0	19 5 0				10455 8 0			
Sums received on Account of Private Patients :—												
For Maintenance at 28/- to 63/- per head per week						6077 16 6						
For Expenses attending the Removal, Discharge or Burial of Patients						170 13 6			6248 10 0			
Sums received on Account of Criminal Patients :—												
From Moneys voted by Parliament									
Cash Receipts on Farming and Gardening Account (see Page 46)						...		1189 10 7				
Receipts from Local Authorities not included above :—												
Names of Local Authorities.				Purposes.								
East Sussex County Council				Pensions		294 9 4						
Whittingham Mental Hospital				,,		6 3 1						
Oxford Mental Hospital				,,		5 8 7			306 1 0			
Other Receipts, viz. :—												
Receipts from Sale of Kitchen Stuff, Old Stores, and Sundries from Asylum						785 4 10						
Rents						8 7 9						
Fines						20 12 10						
Bankers' Interest						228 3 0						
Repayments by Officers under Section 10 (3) of the Asylum Officers' Superannuation Act, 1909						28 3 5			1070 11 10			
Total Receipts						58060 4			
Total of Receipts and Balance						75032 8			

PART II.—BUILDINGS AND

	£	s.	d.	£	s.	d.	£	s.	d.
Net Balance in hand brought forward from Abstract for the previous year				5368	18	
Sums received from Treasurer of Borough on account of—									
Ordinary Repairs	832	2	4			
Other Receipts, specifying them :—									
Bankers' Interest	134	18	8			
Transfers from the Maintenance Account, viz :—									
(a) Excess of Weekly Charge on "Out-Borough" Pauper Patients	1996	9	3						
(b) Excess of Weekly Charge on Private Patients... ..	1409	6	6						
							3405	15	9
Receipts from Local Authorities not included above :—									
Names of Local Authorities.				Purposes.					
East Sussex County Council ...				Pensions	36	13 3
Total Receipts and Transfers	4409	10
Total of Receipts, Transfers and Balances	9778	8

ACCOUNT—continued.

EXPENDITURE.	£ s. d.	£ s. d.	£ s. d.
Brought forward	49572 17 0	
Transfers to the Building and Repairs Fund Account, viz :			
(a) Excess of Weekly Charge on "Out-Borough" Pauper Patients	1996 9 3		
(b) Excess of Weekly Charge on Private Patients... ..	1409 6 6		
		3405 15 9	
Payments to Treasurers of other Mental Hospitals for Patients received under Contract :—			
Surrey Mental Hospital (Netherne)	915 19 6		
East Sussex Mental Hospital	384 18 4		
		1300 17 10	
Other Payments, specifying them :—			
Surgery and Dispensary	476 11 0		
Rates, &c.	1971 3 3		
Stationery and Printing	524 14 6		
Periodicals and Amusements	261 9 0		
Incidentals	429 3 2		
Cash Allowances to Service Patients	141 7 6		
		3804 8 5	
Total Expenditure and Transfers...	58083 19 0
Balance	16948 9 8
Total of Expenditure, Transfers and Balance	75032 8 8

REPAIRS FUND ACCOUNT.

Amounts paid on Account of :—	£ s. d.	£ s. d.	£ s. d.
Ordinary Repairs	4481 14 8		
Superannuation	120 0 3		
Gratuity	20 0 0		
Insurances and Rates	129 19 5	
Improvements	148 7 0		
		4770 1 11	
Purchase of Fir Cottage	2300 0 0	...
Total Expenditure	7200 1 4
at Balances at end of the Year	2578 6 11
Total of Expenditure and Balances	9778 8 3

SUMMARY OF RECEIPTS, EXPENDITURE

RECEIPTS.		£ s. d.	£ s. d.	£ s. d.
Receipts and Transfers :—				
Maintenance Account	...	58060 4 7		
Building and Repairs Fund Account:—				
Moneys raised by means of Loans	...	4409 10 0		
Other Moneys	...			
Total	...		62469 14 7	
Deduct—Transfers from the Maintenance Account to the Building and Repairs Fund Account			3405 15 9	
Total Receipts	...			59063 18

Submitted to the Finance Committee, 26th April, 1924.

(Signed) WM. STEVENS.

PART III.—FARMING AND

Year ended

	£ s. d.	£ s. d.	£ s. d.
Estimated Value of Produce supplied to the Mental Hospital during the year ended 31st March, 1924:—			
Butchers' Meat	449 17 6		
Poultry, Eggs and Rabbits	164 1 1		
Milk	926 7 2		
Vegetables	555 5 2		
Fruit	25 9 4		
Keep of Horse	23 8 0		
		2144 8 3	
Cash Receipts from Sales of Produce	...	1189 10 7	
Total Receipts	...		3333 18
Estimated Value of Stock:—			
Live Stock	2122 8 0		
Dead Stock	1527 10 11		
Tenant's Valuation...	1640 5 11		
Provender	275 7 7		
			5565 12
Balance at the end of the Year	1931 10
Total	10831 2

ND TRANSFERS IN PARTS I. AND II.

EXPENDITURE.	£ s. d.	£ s. d.	£ s. d.
penditure and Transfers :—			
Maintenance Account	58083 19 0		
Building and Repairs Fund Account :—			
Out of Moneys raised by means of Loans			
Out of other Moneys	7200 1 4		
Total		65284 0 4	
Deduct—Transfers from the Maintenance Account to the Buildings and Repairs Fund Account		3405 15 9	
Total Expenditure			61878 4 7

Examined 25th April, 1924.

H. M. STEVENS,

Borough Accountant.

RDENING ACCOUNT.

March, 1924.

	£ s. d.	£ s. d.	£ s. d.
1923—March 31st.			
Estimated Value of Stock :—			
Live Stock	2532 16 6		
Dead Stock	1647 14 1		
Tenant's Valuation	1578 15 5		
Provender	489 3 2		
			6248 9 2
1924—March 31st.			
Cash Payments in respect of :—			
about	1839 5 6		
Seeds and Manure	278 8 9		
Stock—Live and Dead	865 12 3		
Provender	1275 2 2		
Cash Payments, specifying them :—			
Crashing and Thatching	30 16 7		
Railway Carriage	14 15 9		
Medicine, &c.	37 6 6		
Undries	114 1 4		
Rates and Taxes	36 15 8		
Valuation	10 10 0		
Fruit Trees and Rhubarb	39 14 3		
Insurance	4 13 2		
Strol, &c.	14 14 5		
Attles	20 16 8		
Total Expenditure			4582 13 0
Total			10831 2 2

I hereby certify that the foregoing are correct Accounts for the Year ended 31st March, 1924.

As witness my hand this 16th day of April, 1924.

GEO. PURVEY,

Clerk of the Mental Hospital,

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL, HAYWARDS HEATH.

Dr. Farm and Garden Accounts for the Year ending 31st March, 1924.

	£	s.	d.	£	s.	d.		£	s.	d.	£	s.	d.
To Estimated Value of							By Sale of—						
Live Stock.....	2532	16	6				17 Calves	56	17	6			
Estimated Value of							97 Pigs	605	0	0			
Dead Stock	1647	14	1				7 Cows	75	5	3			
Estimated Value of							63 Sheep.....	282	7	3			
Tenant's Valuation	1578	15	5				63 Fleeces Wool	23	10	7			
Estimated Value of							35 Qrs. Wheat, 48/-.....	84	0	0			
Provender	489	3	2				20 Qrs. Oats	62	10	0			
				6248	9	2					1189	10	
To Purchase of—							By Produce supplied to House—						
Labour—							10,963 lbs. Pork.....	449	17	6			
Wages of Bailiff,											449	17	
Gardener, Cowman,							17,566½ gals. Milk.....	926	7	2			
Carters, and other							18,204 No. Eggs.....	128	14	4			
Servants employed							135 „ Poultry	32	14	3			
on Farmand Garden	1839	5	6				42 „ Rabbits.....	2	12	6			
				1839	5	6					1090	8	
Stock—Live and Dead—							2,073½ bus. Cabbage.....	81	2	1			
8 Cows	332	0	0				332½ „ Onions.....	40	13	10			
116 Sheep.....	469	13	0				2,334½ „ Potatoes	253	14	5			
6 Cockerels	6	0	0				8½ „ Peas	1	13	9			
Implements.....	57	19	3				202 „ Beans	29	5	10			
				865	12	3	135½ „ Carrots.....	7	9	4			
Provender—							207½ „ Parsnips	16	18	0			
Oil Cake	520	15	0				915 „ Turnips and						
Bran and Sharps.....	421	7	4				Swedes.....	64	8	4			
Pig Meal	115	5	0				2,342 No. Cauliflowers	16	8	1			
Oats	45	0	0				Other Vegetables	32	14	4			
Hay	27	15	0				Fruit and Rhubarb ..	25	9	4			
Chicko	5	5	0				Vegetables and Fruit						
Straw	41	10	10				supplied to Medical						
Grains	98	4	0				Superintendent.....	10	17	2			
				1275	2	2					580	14	
Seeds and Manures—							Keep of Estate Horse...	23	8	0			
Seeds, Manures & Lime	278	8	9								23	8	
				278	8	9	1924—March 31st.						
Other Payments—							By Estimated Value of						
Thrashing & Thatching	30	16	7				Live Stock	2122	8	0			
Railway Carriage.....	14	15	9				Estimated Value of						
Wattles.....	20	16	8				Dead Stock	1527	10	11			
Medicine and Shoeing	37	6	6				Estimated Value of						
Petrol, &c.	14	14	5				Tenant's Valuation	1640	5	11			
Valuation	10	10	0				Estimated Value of						
Rhubarb	26	8	3				Provender	275	7	7			
Sundries	114	1	4								5565	12	
Apple Trees	13	6	0										
Insurance	4	13	2										
				287	8	8							
Rates and Taxes	36	15	8				Balance against Farm.....				2131	10	
Estimated Rent on Land	200	0	0								£11,031	2	
				236	15	8							
				£11,031	2	2							

(Signed) GEO. PURVEY,
Clerk of the Mental Hospital

MAINTENANCE ACCOUNT.

DEBITS.		ASSETS.	
	£ s. d.		£ s. d.
Invoice Account—Sundry Tradesmen	5458 0 7	Due from Guardians of Poor Law Unions within the Borough:—	
Cheques drawn but not paid in, viz.:—		Brighton	7513 4 0
Sundry Salaries, &c.	4248 9 3	Steyning	1538 14 10
Balance 1st April, 1923	9706 9 10	Other Poor Law Unions	482 0 2
Expenditure in Excess of Income for Year ended 31st March, 1924	16972 4 1	Treasurer of the Borough	171 1 9
		Treasurers of other Asylums	2615 19 5
		Private Patients	666 17 5
		Farm Sales	27 9 0
		Stores' Sundry Sales	125 17 9
		Rents and Fines	9 9 10
		Boro' Council (Rebate)	67 5 11
		Building and Repairs Fund	577 14 4
		Treasurers of Local Authorities	
		re Pensions	192 9 8
		Cash in Banker's hands	13988 4 1
		" Clerk's hands	11035 1 8
			1631 13 9
			12666 15 5
			£20654 19 6

BUILDING AND REPAIR FUND ACCOUNT.

	£ s. d.		£ s. d.
Due to Maintenance		Due from East Sussex County Council	
Balance 1st April, 1923	577 14 4		19 4 4
Expenditure in Excess of Income for Year ended 31st March, 1924	£5368 18 3		
	2790 11 4	Cash in Banker's hands	3136 16 11
			£3156 1 3

Submitted to the Finance Committee this 26th day of April, 1924.

(Signed) WM. STEVENS,
W. G. WELLMAN.
Examined.
H. M. STEVENS, Borough Accountant.
25th April, 1924.

GEO. PURVEY, Clerk to the Mental Hospital.

TABLE SHEWING THE WEEKLY CHARGE FOR
MAINTENANCE OF PATIENTS CHARGEABLE
TO THE COUNTY BOROUGH OF BRIGHTON.

YEAR.	March.		June.		Sept.		Dec.	
	<i>s.</i>	<i>d.</i>	<i>s.</i>	<i>d.</i>	<i>s.</i>	<i>d.</i>	<i>s.</i>	<i>d.</i>
1903.....		12	6
1904.....	12	6	11	1	10	9	10	6
1905.....	10	6	10	0	10	0	10	0
1906.....	10	0	9	6	9	6	9	6
1907.....	9	6	9	6	9	6	10	0
1908.....	10	0	10	9	11	0	11	0
1909.....	11	0	11	0	11	0	11	0
1910.....	11	0	10	9	10	0	9	9
1911.....	9	9	9	9	9	9	9	9
1912.....	10	0	11	0	11	0	11	0
1913.....	11	6	11	6	11	6	12	0
1914.....	12	6	12	6	12	6	12	6
1915.....	12	6	13	6	13	6	13	6
1916.....	13	6	13	6	13	6	14	0
1917.....	15	6	16	6	17	6	18	6
1918.....	18	6	18	6	20	0	20	0
1919.....	19	6	20	0	25	0	25	0
1920.....	28	6	28	6	30	0	31	0
1921.....	31	0	31	0	31	0	30	0
1922.....	30	0	28	0	27	0	25	0
1923.....	24	0	24	0	24	0	24	0

AVERAGE WEEKLY COST PER HEAD.

Year ending 31st March—	1914	1915	1916	1917	1918	1919	1920	1921	1922	1923	1924
	s. d.	s. d.	s. d.	s. d.	s. d.	s. d.	s. d.	s. d.	s. d.	s. d.	s. d.
Provisions	3 8 $\frac{3}{4}$	4 2 $\frac{1}{8}$	5 0 $\frac{3}{8}$	6 4 $\frac{5}{8}$	6 8 $\frac{3}{4}$	6 7 $\frac{1}{4}$	6 6 $\frac{1}{2}$	6 8 $\frac{3}{4}$	5 5	4 4 $\frac{5}{8}$	4 4 $\frac{3}{4}$
Clothing	8 $\frac{5}{8}$	7	7 $\frac{5}{8}$	9 $\frac{7}{8}$	9 $\frac{1}{8}$	1 2 $\frac{3}{4}$	1 9 $\frac{7}{8}$	1 11 $\frac{7}{8}$	1 9 $\frac{3}{4}$	1 7 $\frac{3}{8}$	1 7 $\frac{3}{4}$
Salaries and Wages	3 6	3 7 $\frac{3}{8}$	3 9 $\frac{7}{8}$	4 4 $\frac{1}{8}$	4 6 $\frac{1}{2}$	4 10	9 10 $\frac{1}{2}$	12 0	11 11 $\frac{1}{2}$	10 10 $\frac{3}{4}$	10 1 $\frac{3}{4}$
Pensions	1	1 $\frac{1}{2}$	1 $\frac{3}{8}$	1 $\frac{5}{8}$	1 $\frac{3}{4}$	1 $\frac{1}{2}$	1 $\frac{7}{8}$	2 $\frac{1}{8}$	3 $\frac{3}{8}$	4	7
Necessaries	2 1 $\frac{3}{8}$	2 0 $\frac{3}{4}$	2 0 $\frac{7}{8}$	2 4 $\frac{5}{8}$	2 7 $\frac{1}{2}$	3 0 $\frac{1}{4}$	3 8 $\frac{3}{4}$	4 4 $\frac{1}{8}$	4 5 $\frac{3}{8}$	3 10 $\frac{7}{8}$	3 7 $\frac{1}{8}$
Surgery and Dispensary	1 $\frac{1}{8}$	1 $\frac{1}{2}$	2	2	1 $\frac{5}{8}$	2 $\frac{3}{8}$	2 $\frac{1}{4}$	2 $\frac{1}{2}$	3 $\frac{1}{8}$	2 $\frac{3}{4}$	2 $\frac{3}{4}$
Wines and Spirits	$\frac{3}{8}$	$\frac{1}{2}$	$\frac{1}{2}$	$\frac{3}{8}$	$\frac{3}{8}$	$\frac{1}{4}$	$\frac{3}{8}$	$\frac{3}{8}$	$\frac{3}{8}$	$\frac{1}{2}$	$\frac{5}{8}$
Furniture and Bedding	3 $\frac{7}{8}$	3 $\frac{3}{4}$	4 $\frac{1}{4}$	3 $\frac{5}{8}$	3	1 0 $\frac{1}{8}$	1 1 $\frac{1}{8}$	10 $\frac{5}{8}$	11 $\frac{1}{2}$	10 $\frac{5}{8}$	8
Farm and Garden	10 $\frac{5}{8}$	8 $\frac{3}{4}$	9	11	2 2	2 4 $\frac{3}{8}$	3 5 $\frac{3}{8}$	4 4 $\frac{3}{8}$	2 10 $\frac{1}{2}$	2 3	2 2 $\frac{1}{4}$
Miscellaneous (including Rates and Taxes)...	10 $\frac{3}{4}$	10	9 $\frac{5}{8}$	8 $\frac{3}{4}$	10 $\frac{1}{8}$	10 $\frac{1}{4}$	1 3 $\frac{7}{8}$	1 7 $\frac{3}{4}$	1 10 $\frac{7}{8}$	1 11 $\frac{3}{8}$	1 8 $\frac{3}{4}$
	12 41 $\frac{1}{2}$	12 7 $\frac{1}{4}$	13 9 $\frac{1}{2}$	16 2 $\frac{5}{8}$	18 2 $\frac{3}{4}$	20 31 $\frac{1}{8}$	28 2	32 41 $\frac{1}{2}$	29 11 $\frac{3}{8}$	26 5 $\frac{7}{8}$	25 2 $\frac{3}{4}$
Less Sales	4	5 $\frac{1}{4}$	5 $\frac{1}{8}$	5 $\frac{7}{8}$	10 $\frac{1}{2}$	1 1 $\frac{1}{2}$	2 2 $\frac{1}{8}$	2 8 $\frac{3}{8}$	1 5 $\frac{5}{8}$	1 3 $\frac{1}{8}$	10 $\frac{1}{2}$
Nett Total Cost	12 0 $\frac{1}{2}$	12 2	13 4 $\frac{3}{8}$	15 8 $\frac{3}{4}$	17 4 $\frac{1}{4}$	19 1 $\frac{5}{8}$	25 11 $\frac{7}{8}$	29 8 $\frac{1}{8}$	28 5 $\frac{3}{4}$	25 2 $\frac{3}{4}$	24 4 $\frac{1}{4}$

